

Emotional Cultivation in Music Teaching: Appreciation of Teaching and Classical Symphony

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Abstract: Emotional cultivation is the core of music education. Appreciation teaching is one of the ways to cultivate emotions in music teaching. Therefore, the author studies the emotional cultivation and appreciation of music teaching and classical symphony. The study found that music appreciation is an important field of study in music teaching. In school music teaching, music appreciation teaching occupies a very important position. It is an important way and means to improve students' interest in learning music and to cultivate students' emotions and abilities. Music is the art of emotion. Therefore, in the teaching of music, the cultivation of emotions is placed at the top of the list.

1. Introduction

Emotion is a special way of responding to objective things by human beings. It is the attitude experience of people who meet the needs, desires, opinions and social needs of objective things [1]. Expressed as: either excited, enthusiastic, or happy, joyful, or sad, sad. In the school music teaching, appreciation teaching plays a very important role [2]. It is important to choose and adopt songs and music that are easy for students to remember, sing, and stimulate their interest in music. It is the basis and premise of implementing emotional training in the process of music teaching [3]. Linking music to the student's life, connecting with the student's emotional world, using the spring of music to water the emotional heart of the students, in order to stimulate students' interest in music [4]. Emotion is a kind of psychological activity. Generally speaking, for music enthusiasts, the emotional experience of music can be obtained from music learning [5]. The core of music education is to cultivate students' emotions. The biggest characteristic is to move people's emotions. Music appreciation is an important learning field in music teaching. Music is the art of hearing. Music creation, singing and playing are ultimately for listening [6]. Music textbooks contain many contents of emotional cultivation. Our teachers should correctly understand and grasp the connotation of the textbooks. Give full play to the aesthetic factors in music textbooks to cultivate students' aesthetic interest, fully understand the beauty of lyrics, melody, rhythm and strength in the textbooks, so as to cultivate students' aesthetic feelings and improve their music appreciation and expression.

Symphony music is a rich and varied form of music with rich expressive force and great influence on human spirit, such as symphony, suite, opera prelude, concert dance, Concerto and so on. In the form of music art, it is a kind of elegant music with high grade [7]. "With the development of China's reform and opening up and the improvement of people's living standards, foreign cultures continue to infiltrate, and many new values and cultural elements even impact modern people in the form of a 'strong culture'. In the whole music teaching of senior high school, we should tightly surround a word of "emotion", introduce students into an atmosphere of "emotion", and stimulate students "emotion" [8]. For literary lovers, the emotions of literature can obtain emotional experience from literature. Emotion is the instinctive reaction of human beings. In the process of contacting objective things, only by touching objective things, people's emotions can be more abundant. In the "Music Curriculum Standards" formulated by the Ministry of Education of China, the requirements for cultural inheritance and the promotion of national music are clearly put forward. [9] Although teachers spend a lot of energy preparing lessons under the class, the teaching effect cannot be paid. The labor is directly proportional, and the teaching effect is very

unsatisfactory. [10] The symphony in the classical period is a wonderful chapter in the history of music. It is a bright pearl, and there are a large number of popular works that have been popular among the ages.

2. The Connection between Classical Symphony and Emotion

There is a common phenomenon at present: when people face symphony, there is often a saying: "I don't understand." It can be seen that the symphony does not exist in the form of a public art, but a form of art that is less popular. Its rich philosophical content is not easy to understand. It is one of the purposes of music education to cultivate students' love of the nation's music art and to inspire students' pride and self-confidence to the nation. Because the work is an auditory image, the music image is uncertain, ambiguous and ambiguous. Music is the carrier of human emotions. The first thing that music stimulates and communicates is human emotions. Only when people go deep into the practice of nature can they have all kinds of emotional experience. So can music classroom teaching. In teaching, students can practice, listen and learn all kinds of music continuously, so can they get all kinds of emotional experience. In fact, symphonies are not as difficult to understand as people say, just like reading, "reading a book a hundred times, its meaning is self-evident", and the same is true for repeated appreciation of symphonies. Every time you hear the same melody, you also have a well-known sense. It takes emotion as the intermediary, opens the window of students' mind more effectively, pays attention to the cultivation of students' perfect personality, and has its unique advantages in shaping harmonious personality. Through this bold attempt, I received unexpected results in teaching, and deeply realized that students as the main body, through students' active participation, can cultivate students' ability.

In addition to abundant knowledge, there are often many hidden emotional factors in the textbooks. Only on the basis of a correct understanding of the textbooks, can teachers dig deeply into the implicit connotation of the textbooks in order to better cultivate students' emotions. And Symphony itself has a strong understanding, enlightenment and entertainment function. After we understand its profound and philosophical real connotation, we can cultivate people's soul and sublimate their spirit by appreciating symphony. Because Symphony has a kind of inspiring and inspiring power, so that people can have resonance and passion through its appreciation and understanding. The Chinese nation has a rich and colorful national music culture. It can only be touched by a small part of the singing and other activities of music teaching. Music appreciation can make students familiar with and understand the national music culture. In teaching, we should make full use of the existing textbooks and supporting tapes, but the textbooks alone are far from meeting the needs of students. Therefore, we should use the spare time to find some teaching materials to supplement the teaching materials, expand the knowledge of students, increase the knowledge demand of students, and cultivate students' emotions in all aspects and in multiple channels. The teacher leads the students, and the students push the teachers to run. Teachers and students pay attention to and discuss family issues, so that students' emotions are recognized when they are activated.

3. Optimize Classroom Teaching and Achieve Capacity Development

Self-learning ability is an indispensable ability of students. The cultivation of independent learning ability is an inevitable condition for improving students' music quality and is a reflection of students' comprehensive quality. The interaction between teachers and students makes the whole music classroom release the greatest emotional energy. Applying positive emotions to life is the ultimate goal of our students' emotions. Careful attention is not difficult to find that in our music teaching, there are still many skills to pay attention to, ignoring the training of musical hearing. Therefore, we advocate a music-based teaching center. Only a large number of listening music can have an emotional experience with music. The choice of appreciation of teaching content is an important factor affecting whether this teaching method can achieve the goal of music teaching. It can effectively clear up personality disorders by showing their talents and daring to examine and

evaluate their own strengths and weaknesses. To cultivate students' good mentality to withstand failures and setbacks, to cultivate students' sense of responsibility and emotional adjustment ability, to cultivate students' sense of equality of mutual understanding and mutual respect, to cultivate students' sense of competition and cooperation, and to cultivate students' progressive attitude towards life. As well as shaping the mentality of sunshine, building positive values, achieving a healthy life and releasing strong influence. Nothing can replace listening to music, so listening to music is very important to improve the level of music appreciation. The common emotions in music are: beautiful emotions, happy emotions, lofty emotions, tragic emotions and so on.

Appreciation teaching is one of the ways for students to acquire emotional cultivation in music learning. In the process of appreciating teaching, teachers can adopt the teaching method of both pictures and texts to create a good teaching atmosphere and teaching environment. Music and art education as one of the important means of quality education, people-oriented, aesthetic as the core, focusing on imagination, experience and creativity. But through teaching, I find that students are not very interested in the content of textbooks. Meet is a song, the singer is you and me, the heart is always firm and persistent strings. Only through music practice activities, can students experience more deeply, acquire emotional experience, acquire profound emotional experience, have a correct understanding of music, and correctly express the content of works. It can be seen that music is an art form that is good at expressing people's emotions and can cause emotional resonance. Teachers should have a teaching philosophy based on students' emotions and people-oriented, and truly embody aesthetic education in music teaching. Many successful teaching methods have taught learning to listen to music as a first step in developing musical abilities. In order to help students better feel the music and enhance the interest of appreciation, teachers should pay attention to updating teaching methods and adopt flexible and diverse methods to organize teaching. However, students also feel that the new assessment system is imperfect, and teachers need to gradually improve through the practice of teaching.

Appreciation of teaching is an important part of music teaching. It is an important way and means to cultivate students' interest in music learning, expand their horizons of music, improve their musical feelings, understand and appreciate their ability, and develop their imagination, enrich their emotions and cultivate their temperament. Through the establishment of gamification of rhythm training, the fun of common sense teaching, the patterning of singing teaching, and the emotionalization of appreciation activities, we optimize each part of the teaching process with colorful music activities. Promote teacher-student interaction, coordinate interpersonal relationships between teachers and students, develop interpersonal emotional intelligence with equal dialogue and exchange activities, and create a good psychological environment. In the classroom teaching, we must strive to be concise and concise, and leave the time to the students as much as possible. It is conducive to changing the exam-oriented teaching mode of College English teaching and one-sided pursuit of the passing rate of CET-4. Better communication between teachers and students. Another teaching method is to put the songs in the emotional position. On the basis of listening to the model singing, through discussing the composition of music. The means of expression and its content have a preliminary emotional experience of music. On this basis, we can learn, explore and experience to sublimate the emotion. Appreciation of teaching content should choose works that can stimulate interest in learning and inspire people to be positive and optimistic. Through classroom learning, students listen, appreciate and understand repeatedly, so as to improve their aesthetic ability and enrich their emotions.

4. Conclusion

To sum up, the discipline characteristics of music education and the connotation of quality education have the same effect. However, the sound and perfect development of temperament is a process of subjective and active choice by objective things. Although this process is restricted by various external factors, external factors play a role through internal factors, which are fundamental and ultimately determined by the individual itself. Only by giving full play to the subjective initiative of individual students can the effect of personality cultivation of classical symphony be

brought into play and students' positive, healthy and upward emotions be cultivated. It also requires us to boldly explore and innovate in our work, so that the cultivation of emotion and ability can bear fruits in the fertile soil of music appreciation teaching. Music is the art of emotion. It is a wonderful language that comforts the soul all the time. Let the students be educated in a subtle way, let the students realize that the music is intimate, lovely, and warm, and use the sweet and sweet spring water to promote the students' emotional flowers. Music has the characteristics of expressing emotions that are determined by the natural attributes of music. The emotional experience of music is obtained from the overall feeling of music. The emotions of music must obtain different emotional experiences of joy, anger, sadness and joy from practice. In the process of leading the healthy and harmonious development of contemporary people, the release of individuality and light, in the process of deepening the quality education, has shown its powerful unique educational function.

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